

**GRILL \$80** 

150gr breast 120 gr asada and arrachera 150 gr

(Includes water and dessert)

SPECIAL \$ 85

(Includes water and dessert)

## Menú from April 8 th to 12 th **AMERICAN SCHOOL**



(170 A 200 g)	MONDAY	TUESDAY	WEDNESDAY	THURDAY	FRIDAY
<b>Breakfast \$65</b> Includes Water or Coffee	Cheese omelette with mushroom and beans	Gemma Lunch	Red chilaquiles with chicken and beans	Ranchero eggs with beans	Steak and chorizo tacos

Roasted meat/ Arrachera

Rice and beans.

Water and dessert

Grilled breast/ Grilled fish

Rice and salad.

Water an dessert.

Stuffed breast in Jamaican

sauce Puree and green

salad

Steak in Green sauce **KFC- Style chicken** Leg in mushroom cream Dish of the day \$75 with potatoes Mashed potatoes Sauteed vegetables (Includes water and Refried beans Green salad Noodle soup Red rice dessert) Tamarind wáter Cucumber water water Lime wáter

Roasted meat/ Arrachera

Rice and beans.

Water and dessert

Grilled breast/ Grilled fish

Rice and salad.

Water an dessert.

Stuffed breast in Jamaican

sauce Puree and green

salad

Roasted meat/ Arrachera

Rice and beans.

Water and dessert

Grilled breast/ Grilled fish

Rice and salad.

Water an dessert.

Stuffed breast in Jamaican

sauce Puree and green

salad

**Shepherd fish** Rice in the garden Vegetable butter Pineapple

Roasted meat/ Arrachera

Rice and beans.

Water and dessert

Grilled breast/ Grilled fish

Rice and salad.

Water an dessert.

Stuffed breast in Jamaican

sauce Puree and green

salad

Fried Chicharrón and tinga quesadillas Mexican-style nopales pot beans Rice water

Roasted meat/ Arrachera

Rice and beans.

Water and dessert

Grilled breast/ Grilled fish

Rice and salad.

Water an dessert.

Stuffed breast in Jamaican

sauce Puree and green

salad



**FOOD MENU** 

(170 A 200 g)

120 gr asada and arrachera 150 gr

(Includes water and dessert)

## Menú from April 15 th to 19 th **AMERICAN SCHOOL**

**TUESDAY** 



**FRIDAY** 

Grilled breast/ Grilled fish

Rice and salad.

Water an dessert.

Lasagna Bolognese green

salad Bread with garlic

<b>Breakfast \$65</b> Includes Water or Coffee	Shepherd's syncronized	Golden picadillo tacos	Potato, bean and sliced sopesitos.	Steamed Tacos	Sandwich club
<b>Dish of the day \$75</b> (Includes wáter and dessert)	<b>Birria</b> Refried beans Red rice Watermelon wáter	Tongue in green sauce Mexican-style nopales Beans from the pot Pineapple wáter	Wallpapered fish Peppers and mushrooms Wrhite rice Tropical salad Cucumber wáter	<b>Stuffed chili</b> Classic salad Red rice with corn Tamarind wáter	<b>Tinga</b> Red rice Sauteed vegetables Horchata wáter
<b>GRILL \$80</b> 150gr breast	Roasted meat/ Arrachera Rice and beans. Water and dessert	Roasted meat/ Arrachera Rice and beans. Water and dessert	Roasted meat/ Arrachera Rice and beans. Water and dessert	Roasted meat/ Arrachera Rice and beans. Water and dessert	Roasted meat/ Arrachera Rice and beans. Water and dessert

SPECIAL \$ 85 Lasagna Bolognese green salad Bread with garlic (Includes water and dessert)

**MONDAY** 

Grilled breast/ Grilled fish

Rice and salad.

Water an dessert.

Lasagna Bolognese green salad Bread with garlic

Grilled breast/ Grilled fish

Rice and salad.

Water an dessert.

Lasagna Bolognese green salad Bread with garlic

Grilled breast/ Grilled fish

Rice and salad.

Water an dessert.

**WEDNESDAY** 

Lasagna Bolognese green salad Bread with garlic

Grilled breast/ Grilled fish

Rice and salad.

Water an dessert.

**THURDAY** 



GRILL \$80

150gr breast 120 gr asada and arrachera 150 gr

(Includes water and dessert)

SPECIAL \$ 85

(Includes water and dessert)

## Menú from April 22 th to 26 th **AMERICAN SCHOOL**



FOOD MENU (170 A 200 g)	MONDAY	TUESDAY	WEDNESDAY	THURDAY	FRIDAY
<b>Breakfast \$65</b> Includes Water or Coffee	Motuleños eggs with beans	Chilaquiles with chipotle with beans	Entomatadas of panela	Spanish croissant	Chorizo burritos with potatoes

Picadillo flutes Chicken in sauce poblana Percheron burrito **Beef Tepanyaki** Dish of the day \$75 Fresh salad Rice with butter Refried beans gohan rice (Includes water and Charros beans Steamed vegetables Nopales salad Spring roll Cucumber water with dessert) Melon wáter Water from Jamaica Pineapple water with alfalfa lemon

Roasted meat/ Arrachera

Rice and beans.

Water and dessert

Grilled breast/ Grilled fish

Rice and salad.

Water an dessert.

Loin in mushroom cream

Red salad and bread with

garlic

Roasted meat/ Arrachera

Rice and beans.

Water and dessert

Grilled breast/ Grilled fish

Rice and salad.

Water an dessert.

Loin in mushroom cream

Red salad and bread with

garlic

Roasted meat/ Arrachera

Rice and beans.

Water and dessert

Grilled breast/ Grilled fish

Rice and salad.

Water an dessert.

Loin in mushroom cream

Red salad and bread with

garlic

Weathered fish burger Jicama and Carrot Salad Garlic potatoes Oat water

Roasted meat/ Arrachera

Rice and beans.

Water and dessert

Grilled breast/ Grilled fish

Rice and salad.

Water an dessert.

Loin in mushroom cream

Red salad and bread with

garlic

Roasted meat/ Arrachera

Rice and beans.

Water and dessert

Grilled breast/ Grilled fish

Rice and salad.

Water an dessert.

Loin in mushroom cream

Red salad and bread with

garlic